



Checklist for Continuing Education Centers seeking approval for the Interdisciplinary Focus on Nutritional Medicine

This checklist is a self-assessment guide to enable clinics, departments, institutions, or practices to determine if they meet the requirements of a Continuing Education Center for the Interdisciplinary Focus on Nutritional Medicine.

The Swiss Medical Association's (FMH) Nutritional Medicine Program provides guidelines; however, the most recent version of the program on the Swiss Institute for Medical Education and Training (SIWF) website <https://www.siwf.ch/weiterbildung/facharzttitel-und-schwerpunkte.cfm> is binding. www.geskes.ch

The transitional provisions of the program as per Point 10 apply until approval for the Focus on Nutritional Medicine is granted.

Continuing Education Centers must be recognized by the SIWF and GESKES (Society for Clinical Nutrition of Switzerland) before they are authorized to take on the training function.

The following points are required for recognition as a Continuing Education Center:

- The institution's Head Physician shall nominate an individual responsible for the continuing education program. This person must be approved by GESKES and work a minimum pensum of 50% at the institution.
- The institution must have at least one physician on staff who possesses the «Interdisciplinary Focus on Nutritional Medicine» qualifications and can provide the continuing education.

Continuing Education Centers must:

- have an in-house nutritional counseling service that works in close collaboration with other disciplines.
- conduct regular scheduled consultations for patients with nutritional problems; including diabetes mellitus, metabolic diseases, obesity, clarification or follow-up of bariatric surgery, and patients with enteral or parenteral nutrition (at least 200 consultations per year).
It is acceptable if certain institutions have a focus and do not cover all aspects of the listed topics. However, the consultations should have a clear focus on nutritional medicine.
- be called upon for advice concerning inpatients with nutritional problems (at least 50 per year).
- advocate systematic screening for malnutrition (e.g., NRS 2002 score) and follow-up treatment plans when malnutrition is present.

- promote and organize interdisciplinary and multi-professional collaboration between the relevant medical facilities, e.g., the creation of nutrition teams.
- regularly organize continuing education and training seminars, or case discussions on nutritional medicine topics (at least 10 per year).
- provide access to nutritional medicine literature for continuing education candidates.
- have its own institutional safety management procedures to manage the handling of risks and errors; and their prevention.
- facilitate resident physicians' attendance of required courses (Point 4) within the scope of the hospital's permitted training days.